

**1At Enfield Heights Academy, we are KIND, RESPECTFUL, RESILIENT and BRAVE.**  
**We are the Force for Positive Change.**

12<sup>th</sup> January 2024

Dear Parents and Carers,

**Happy New Year and welcome back to all of you in our wonderful school community!**

The start of a new year is often the time when people make new year resolutions for a number of different reasons. This may be to take up a new habit, to be fitter, to eat better, to take up exercise. Last Tuesday in my 'Welcome Back Assembly' I talked to all the children about their thoughts on positive promises and being a better version of the learner they already are. New behaviour for learning, more reading, kindness and happiness.

Let's all start a year of kindness and happiness, something that we might all be able to get behind for the next 365 days. Please check out the **Happier January Calendar** that can be seen below and can be downloaded here from [Action for Happiness](#). You can also download the [Action for Happiness App](#). As a family you might like a copy of the Action for Happiness calendar to put it on the fridge. If you would like a printed copy, please collect it from the school's office. Increasing the kindness and happiness of everyone in our school community would be a great resolution for us all. It can start small - one open door, one kind word, one smile at a time. Good Luck everyone!

**Happier January 2024**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Find three things to look forward to this year	2 Make time today to do something kind for yourself	3 Do a kind act for someone else to help brighten their day	4 Write a list of things you feel grateful for and why	5 Look for the good in others and notice their strengths	6 Take five minutes to sit still and just breathe
7 Learn something new and share it with others	8 Say positive things to the people you meet today	9 Get moving. Do something active (ideally outdoors)	10 Thank someone you're grateful to and tell them why	11 Switch off all your tech at least an hour before bedtime	12 Connect with someone near you - share a smile or chat	13 Take a different route today and see what you notice
14 Eat healthy food which really nourishes you today	15 Get outside and notice five things that are beautiful	16 Contribute positively to your local community	17 Be gentle with yourself when you make mistakes	18 Get back in contact with an old friend	19 Focus on what's good, even if today feels tough	20 Go to bed in good time and allow yourself to recharge
21 Try out something new to get out of your comfort zone	22 Plan something fun and invite others to join you	23 Put away digital devices and focus on being in the moment	24 Take a small step towards an important goal	25 Decide to lift people up rather than put them down	26 Choose one of your strengths and find a way to use it today	27 Challenge your negative thoughts and look for the upside
	28 Ask other people about things they've enjoyed recently	29 Say hello to a neighbour and get to know them better	30 See how many people you can smile at today	31 Write down your hopes or plans for the future		

**ACTION FOR HAPPINESS** Happier · Kinder · Together

### **Spring Term 1 Curriculum webs**

All curriculum webs are uploaded on to Enfield Heights' website every half term to enable parents to keep up to date with what the children are learning in each year group each half term. You can always find them by going to our website Home page: Learning > Curriculum > the relevant Year Group > Spring 1. Or keep [this link handy](#).

### **Spring Term Clubs – Week commencing Monday 15th January (Places still available)**

The Spring term clubs will start on Monday 15<sup>th</sup> January. For sports clubs, please make sure that you are sending the children in with the relevant kit.



There are still many spaces available in different clubs that our EHA team is dedicated to run for the children.

Please check on Arbor or enquire at the school's office. Our new incredible 'Samba Drumming' club that will be run by one of our music specialists, Mr Okine, has still got lots of spaces as well as the other brand-new clubs: Sewing, Archery or Board Games. Get a place before they are all gone!

### **Community Coffee Meet Up - CHANGE OF DATE**

Please note that our next community meet up will be on Thursday 17<sup>th</sup> January (NOT 25<sup>th</sup> January) at 9-10am in the school hall. It will be dedicated to *Healthy Lifestyles*. Mr Brown, our fabulous PE lead, will speak about our provision at EHA and easy wins for physical and health gains for you and your family.

Our community meet up coffee mornings are a great opportunity for parents to meet other parents. The purpose is to realise you are not alone, other parents probably have the same worries and concerns as you. It is a forum to share your views and also learn about new things that will directly support your child. Gurjit, from our Community Outreach Team will attend too. Thank you Miss Cooper for organising it. And it's a lot of fun too!

### **Dates for your diary for future Community Meet Ups:**

21st March, 25th April, 23rd May, 20th June, 18th July.

### **REMINDER - Correct Uniform**

Please remember that all children must wear the correct school uniform from YR-Y6. We expect children to adhere to the school's uniform policy.



You can find a quick reminder of our school uniform requirements in my previous communication [here](#). This includes all the items of uniform and ways to purchase them.

Please remember that our uniform policy remains unchanged apart from a PE top: a plain white T-shirts. Please ensure that all parts of your child's uniform are clearly labelled.

Children are required to wear a white shirt not a polo T-Shirt. As we enter winter months, please ensure that your child is wearing a dark coat, hat, scarf and gloves to keep them warm.

## Attendance and Punctuality

Our goal is for every child to be in school every day, arriving on time, ready for an 8.45am start.



In line with government expectations, we will continue to monitor pupil attendance and offer our support where attendance is beginning to drop.

Good attendance is considered to be **96%** and above but please be aware that each day is made up of two sessions, morning and afternoon, and so 2 days absence can soon drop attendance down to 98%.

We know that illness is part of everyday life, especially now during winter months.

We are also aware that some learners struggle to come to school, have had reduced timetables to settle into their first year of school or strategies in place to help them cope.

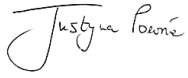
This is all taken into account. If you are needing any help or support with helping your child to attend school, please do get in touch so that we can support you.

## Dates for your diary

<b>Year 1 &amp; 2 Maths Workshop</b>	Tuesday 16th January	<i>Hall at 9:00-10:00am for Year 1 and 2 parents/carers</i>
<b>Year 3 &amp; 4 Maths Workshop</b>	Tuesday 16th January	<i>Hall at 2:00-3:00pm for Year 3 and 4 parents/carers</i>
<b>Community Meet Up With Ms Cooper and Mr Brown our PE lead Healthy Lifestyles</b>	Thursday 18 <sup>th</sup> January	<i>Hall at 9.00-10.00 for parents and carers</i>
<b>Year 5 &amp; 6 Maths Workshop</b>	Tuesday 23rd January	<i>Hall at 9:00-10:00am for Year 5 and 6 parents/carers</i>
<b>Year 2 &amp; 3 Reading Workshop</b>	Tuesday 30th January	<i>Hall at 9:00-10:00am for Year 2 and 3 parents/carers</i>
<b>Year 4, 5 &amp; 6 Reading Workshop</b>	Thursday 1st February	<i>Hall at 9:00-10:00am for Year 4, 5 and 6 parents/carers</i>
<b>Online Safety workshop for parents and carers</b>	Monday 5th February	<i>Hall at 9.00-10.00am run by a ECP consultant <a href="https://www.ecplimited.com/index.html">https://www.ecplimited.com/index.html</a></i>
<b>Year 4 Class Assembly for Year 4 parents and carers</b>	Wednesday 7 <sup>th</sup> February	<i>Hall at 9.00-9.45am</i>
<b>'Express Yourself ' To mark Children's Mental Health week (5<sup>th</sup> -11th February)</b>	Friday 9 <sup>th</sup> February	<i>Non-Uniform day -more details to follow</i>

What simple actions can we take to be happier and kinder together in 2024? Have a great weekend.

With my very best wishes,



Headteacher

## Attendance Ladder

